Baohua Liu

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30527 Independence Ave, Redlands, CA 92374 (951) 462-8486 / liubaohua998@gmail.com

Education

Claremont Graduate University, Claremont, CA

M.A. in Positive Developmental Psychology and Evaluation

Present

University of Redlands, Redlands, CA

2019

M.A. in Clinical Mental Health Counseling

Master's Thesis: Supportive Parental Behaviors and Self-Esteem of Asian American Adolescents

Cleveland State University, Cleveland, Ohio

2010

College of Education and Human Services

M.A. in Education

Dissertation: An Investigation of Methods in Increasing Children's Early Development from Parents and Schools

The Information and Engineering Institute of PLA, Zhengzhou, China

1999

Department of English Language and Literature

B.A. in Applied English

Dissertation: A Brief Study of the Immigration History of Chinese Americans

Professional Employment

Behavioral Interventionist, Intercare Therapy, Riverside, CA

2019-2020

- Provided one-on-one individualized behavioral interventions and coaching to children under 18 with Autism Spectrum and Down's Syndrome to enhance their learning capacity and emotion regulation skills.

Counseling Practicum Extern, Citrus Counseling Service, Redlands, CA

2018-2019

- Provided individual, family and group mental health counseling practice and therapy.
- Conducted Visitation Program as well as Anger Management Group programs to help clients with anger management, coping skills, emotion regulation and other resources.
- Served diverse client populations under the supervision of a licensed MFT.
- A required master's clinical practicum for the University of Redlands Clinical Mental Health Counseling program.

Counseling Pre-Practicum Trainee, Riverside Free Clinic, Riverside, CA

2017-2019

- Provided individual and group counseling for a racially and ethnically diverse low-income population under the supervision of a licensed MFT biweekly.
- Facilitated Stress Relief Group with lectures, research results, activities, and discussions for clients from low-income communities.

Mandarin Teacher

Central Elementary School, Banning, California

2015-2017

Shaker Heights City School District, Shaker Heights, Ohio

2007-2009

- Provided Mandarin language instructions and cross-cultural lessons to K-5 students.
- Created and implemented Chinese language K-5 curriculums.
- Organized the first ever Chinese New Year Celebration for the Shaker Heights City School District.

English and Mandarin Teacher, Xiamen University of Technology, Xiamen, China 2010-2015

- Provided instructions on courses like English and Chinese as a second language, cross-cultural communication and Educational Psychology to native and international students.

English Teacher/Director of Student Life Office, Puyang Vocational and Technical College, Henan, China

1999-2007

- Worked as both an English teacher and a director of Student Life Office for college students.
- Provided services like interpersonal skills training, crisis intervention and academic or career advisory.

Professional Development

Professional Development Workshop Series, Claremont Graduate University, CA

2021

- Participated in online professional lectures and trainings in Statistical methods, Quantitative Research Methods, Qualitative Research Methods and Survey

Professional Therapy Workshops, Citrus Counseling Service, Redlands, CA

2018-2019

- Participated in and completed comprehensive training monthly in theory and strategies of spirituality-based therapy, Cognitive Behavioral Therapy/CBT, Child Therapy and Family Therapy, Animal Assisted Therapy, Play Therapy, and Gestalt therapy.

Multicultural Family Training, Pacific Clinics Center, City of Industry, CA

2017

- Participated in and completed 30-hour family and behavioral training in family system theory, focusing on supportive parenting behaviors for positive outcome of adolescents of new Asian American immigrants.

Research Experience

Graduate Research Assistant, Well-Being and Developmental Methods Research Lab Present Division of Behavioral & Organizational Science Claremont Graduate University, Claremont, CA

- Participating in lab and group meetings of discussions of theories, presentations, research questions, background literature, and statistical methodology.
- Researching on the project of Cross-Cultural Comparison in Social Support and Coping with the COVID-19 Pandemic and preparing for the symposium presentation.
- Participating in large data cleaning, data management, measurement validity and invariance in the project of cross-cultural comparison of emerging adult worldwide.

Graduate Research Assistant, Youth Development Evaluation Lab

2021

Division of Behavioral & Organizational Science, Claremont Graduate University, Claremont, CA

- Participating in lab meetings of discussions of theories, research questions, literature review, and evaluation study design.

Research Assistant, College of Foreign Languages

2010-2015

Xiamen University of Technology, Xiamen, Fujian, China

- Participating in qualitative and quantitative research in English and Chinese Comparison and Translation research team.
- Providing insights in research questions, theories, background literature, research study design, and experiencing statistical packages, such as SPSS.

Publications

Selected Journal Articles

Liu, B. H., & Zheng, J. Y. (2014). Research on the transfer of Xiamen dialect to English phonetic learning. *The Journal of Xiamen University of Technology*, *4*(2), 98-103.

Liu, B. H. (2010) The connection between overseas Chinese teaching and the teaching Chinese as a second language development. *The Symposium of National Workshop of Teaching Chinese as a Second Language*.

Selected Book Chapters

Liu, B. H., Lai, Z., & Wei, Z. C. (2012). The comparison between English and Chinese phonetics. In Z. C. Wei, & Z. Lai, *College English: From the Perspective of Comparison of Chinese and English (1-4)*. Shanghai: Fudan University Press.

Liu, B. H. (2010). The K-12 public school education in the Unites States of America. In Y. Z. Han, *The Society and Culture of the United States of America*. Peking: Peking Normal University Press.

Research Project

Liu, B. H., & Lai, Z (2013). A comparative study of peer support for the language acquisition of international students between mainland China and Taiwan. *Educational and Scientific Technology Project of Xiamen*.

Community Service

Community Health Worker, Asian American Resource Center, San Bernardino, CA 2020-2022

- Provided presentations on mental health to culturally diverse communities to reduce stigma around mental health problems on a biweekly basis.
- -Participated in county behavioral department meetings and advocated for Asian American high school students' mental health.
- Case management for providing health and housing resources, language and academic aids to new immigrants of diverse cultural backgrounds.
- Outreach to raise the community awareness of mental health with flyers and answered questions and provided available resources for families and individuals.

Cultural Presentation, Behavioral Health of the County of Riverside, Riverside, California 2018 - Participating in multi-culture showcase events through volunteer activities like Chinese traditional dancing, food and other cultural elements to raise community awareness of cultural diversity.

Chinese Cultural Coordinator, County of San Bernardino Health Service, CA 2017 - Assisting with event of Annual Potluck and Cultural Showcase, such as, traditional Chinese dance and Kungfu dance.

Chinese Cultural Showcase, County of San Bernardino Health Service, San Bernardino, CA 2017 - Presenting Chinese traditional show to raise community awareness and respect of cultural diversity.

Skills

- Language proficiency in Mandarin (bilingual in English and Mandarin)
- Excellent verbal and written communication skills (both in English and Mandarin)
- Advanced presentation and discussion facilitation skills
- Interpersonal skills and collegiality with colleagues
- Cultural competency to work with diverse populations
- Quantitative and qualitative research methods
- Statistic/Software/Platform Expertise: Microsoft Word, Excel, PowerPoint, R/R Studio, Penelope (therapy document systems), Canvas (learning management system), Qualtrics, Zoom, Teams

Research Interests and Strengths

- Interested in positive relationships, positive education, resilience, adolescents, emerging adulthood, cross-culture, psychometrics, measurement invariance, data management, SEM
- Capable of designing and conducting research, data analysis and interpretations
- Expertise in developmental and educational psychology, clinical mental health counseling, evaluation, and teaching.
- Committed in applying established expertise in positive relationship, positive education and resilience to enhance positive outcomes of students and clients with diverse cultural backgrounds.

Awards and Honors

- Winner of the Top Ten Outstanding Chinese Volunteer Teachers in the United States of America. Presented in the Office of Chinese Language Council (Hanban), Beijing, China, 2010
- Winner of the Certificate of Model Creative Chinese Classroom Teaching. Presented in the Office of Chinese Language Council (Hanban), Beijing, China, 2009

Professional Affiliations

- International Positive Psychology Association (IPPA)
- Association of Chinese Helping Professionals and Psychologists-International (ACHPPI)

Certificates/Credentials

- Qualification Certificate for Teaching in Colleges and Universities in China
- Qualification Certificate for Teaching Chinese as a Foreign Languages in Ohio
- Certificate of BEC (Business English of Cambridge), Vantage

VIA Character Strengths

Curiosity, Prudence, Spirituality, Kindness, Appreciation of Beauty and Excellence